

Our vision is to be a grace-motivated ministry recognized for biblical preaching and worship, bold outreach, and committed discipleship and growth.

### Exercising Those Spiritual Muscles

Recently, Gabe and I began riding our unicycles again. As many of you know, my boys and I used to ride a lot. For various reasons, we haven't ridden in quite some time, but now after an extended break, it's fun to get back on the one wheel. Gabe, being an older teenager, is aggressively learning many difficult tricks and pushing his skills to the limit. Me? I've been frustrated. Many of the tricks I used to do are now causing a certain level of fear in me, partly because I am getting older, but mainly because I haven't done them in so long. My mind tells me that I can easily do those moves, but fear is my new reality, and it is definitely hindering me.

Most of us understand that familiarity changes our perspective on almost anything. The more often we do something, the easier it becomes and the more natural it feels. This is true for our spiritual walk as well. The more time we spend in God's Word, the more we desire it. The more regularly we walk in obedience, the easier it becomes to trust Him in the difficult times. The more we consistently pursue His desires above our own, the more likely we will be to say no to self, and to victoriously live a life that fully pleases Him.

When we fail to exercise our spiritual muscles, or if we allow them to become inactive altogether, it's very easy to become spiritually distracted. Then, as time goes on and we come face to face with difficulties, while we know in our heart that God is in control, fear often arises. Allowing our intimate relationship with Him to grow cold causes us to lose the peace that once ruled in our hearts.

I would encourage you to walk closely with the Lord today and continue exercising those spiritual muscles of dependence, serving, and obedience. That's not to say you'll avoid difficulties, but when you do face them, you will do so with a sense of peace, knowing that God will carry you through it.

*"And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus ."*

Philippians 4:7

Jaris

## October

THE MONTH OF

### Calendar of events

- 1 - Evening of Prayer, 7pm
- 20 - Men's Breakfast, 7:30am
- 27 - Trunk or Treat, 3:30pm
- 28 - Congregational Meeting, 12:30p



### Kids Beach Club meets Wednesday afternoons at 3pm

We still need some helpers for the school year. If you would like to help serve in this ministry, please contact Debbie Emerson!

OCTOBER 10 7pm

### EVENING OF PRAYER

OCTOBER 27 3:30-5pm

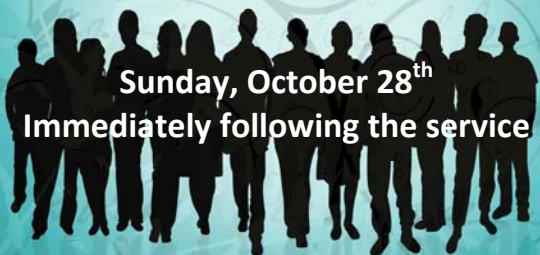


in the BBC parking lot!

Please contact Kati Thompson if you would like to decorate your car. Bring candy donations to the BBC office.

### congregational meeting

Sunday, October 28<sup>th</sup>  
Immediately following the service



## Awana Clubs




Sundays • 4-6pm



Helpers still Needed!

For details, please contact Rob & Leilani Matlack

# OCTOBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <i>*Debbie Fankhauser</i>  <i>Evening of Prayer 7pm</i>	2 <i>*Peyton Hallak</i>	3	4	5 <i>*Roger Fankhauser</i> <i>James Hudson</i>	6
7  <i>9:00AM Bible Classes</i> <i>10:30AM Worship</i> <i>4:00PM AWANA</i> <i>6:00PM Youth Group</i>	8	9 <i>*Rob Matlack</i> <i>Grace Normant</i>	10	11	12 <i>*Cedric Dick</i> <i>Ellie Normant</i>	13
14  <i>9:00AM Bible Classes</i> <i>10:30AM Worship</i> <i>4:00PM AWANA</i> <i>6:00PM Youth Group</i>	15 <i>*Virginia Cabrera</i>	16	17	18	19	20   <b>MEN'S BREAKFAST 7:30am</b>
21 <i>*David Emerson</i>  <i>9:00AM Bible Classes</i> <i>10:30AM Worship</i> <i>4:00PM AWANA</i> <i>6:00PM Youth Group</i>	22	23	24 <i>*Harper Hutchison</i>	25 <i>*Jonathon Dick</i>	26 <i>*Janet Hammond</i>	27   <b>TRUNK or TREAT</b>  <b>3:30-5pm</b>
28  <i>9:00AM Bible Classes</i> <i>10:30AM Worship</i> <i>4:00PM AWANA</i> <i>6:00PM Youth Group</i>	29	30	31 <i>*Cara Ralmuto</i>			<i>*Birthdays</i>