

THE BODYBUILDER

Our vision is to be a community of grace, telling the unsaved of salvation by grace, encouraging the saved to live and grow in grace, and extending grace to others.

You Are What You Eat

Paul wrote to the Roman Christians, **“Do not conform to the pattern of this world, but be transformed by the renewing of your mind.”** (Romans 12:2) This is easier said than done. The transformation Paul speaks of is the internal transformation of our hearts to become more like the heart of our Savior, Jesus. I imagine most believers want to be more like Jesus. We want to love like He does and show grace and compassion. Often times, however, we go about it the wrong way. Rather than allowing our minds to be transformed first and foremost, we attempt to conform our behavior to the way Jesus operated. This is putting the cart before the horse. It would be like taking a nail gun, along with a bushel of apples, and nailing them to a tree. Though it appears we have a tree with healthy, luscious fruit, in reality all we have is the appearance of a fruit bearing tree.

In our Christian walk with Jesus, it is paramount to allow our minds to be transformed by the Word of God. To do this we have to first challenge the thoughts that enter our minds on a daily basis. Paul explained how he fights this battle when he wrote to the Corinthians **“We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ”** (2 Corinthians 10:5).

Is our thinking more in line with the world? That “I” am at the center of the universe and everything in life is for me and my own comfort and joy? Or is my mind being renewed and shaped to be more in line with Jesus' way of thinking? That Christ is at the center of the universe, and I am on this planet to be a servant of His, continually endeavoring to do the Father's bidding.

Until our minds are first saturated with the Word of God, we will never have the mind of Christ or truly model the heart and life of Christ. So, what are you doing to renew your mind? Are you allowing your mind to be shaped by the world's ideas that draws you away from the mind of Christ? Or are you spending time each day saturating your mind with Scripture through reading or listening to the truth of God's Word. As the old saying goes, “You are what you eat,” so we are what we consume.

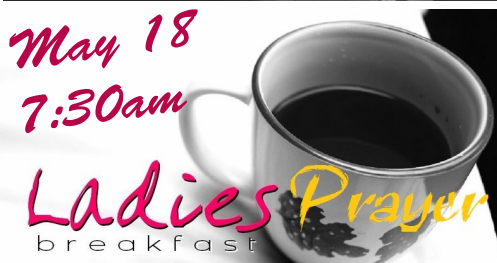
Gary

The month of *May*

Calendar of Events

Join us for these upcoming events.

- 6 - Evening of Prayer, 7pm
- 12 - Mother's Day
- 18 - Men's Breakfast, 7:30am
- 18 - Ladies' Prayer Breakfast, 7:30am
- 19 - AWANA Awards Night, 4:00pm
- 20 - Ladies' Game Night, 6:30pm



SUNDAY, MAY 19


AWANA CLUBS

AWARDS NIGHT

Ladies'
GAME NIGHT

MONDAY, MAY 20, 6:30-8:30PM

MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*Birthdays			1 6:30PM Youth Ministry	2	3	4 *Amelia Caywood 7:00AM Men's Alliance
5 9:15AM Bible Classes 10:30AM Worship 4:00PM AWANA Club	6 	7	8 6:30PM Youth Ministry	9	10	11 7:00AM Men's Alliance
12 *Larry Arnall Opal Bell  9:15AM Bible Classes 10:30AM Worship 4:00PM AWANA Club	13	14	15 *Jason Brown 6:30PM Youth Ministry	16	17	18   7:00AM Men's Alliance
19 *Barbara Van Wart  9:15AM Bible Classes 10:30AM Worship 4:00PM AWANA Club	20 	21 *Elijah Bennett	22 *Charlie Bing Marc Charpentier Carolyn Normant  6:30PM Youth Ministry	23	24 *Bennett Ridlen	25 *Abby Matlack 7:00AM Men's Alliance
26 9:15AM Bible Classes 10:30AM Worship	27 *Robin Allshouse Mark Ralmuto	28	29 6:30PM Youth Ministry	30	31	